Let’s Talk About Childcare transcript (55 seconds).

**Phil:**

The challenges of being a parent are many, but I think the biggest is the upheaval in your life, it’s a big, big lifestyle change. You have to be completely unselfish and do everything, it’s all about the child, which is brilliant because I love my child and I would do anything for them, including everything. You have to juggle so much, financially, time-wise as well, you don’t get a moment to yourself, which can be a bit hard but you cope because it’s all about the kid. And I never thought that I would have children because when I realised that I was gay I thought, ‘That’s it, I’m never going to have kids.’ But of course, we could adopt, and it was brilliant, that’s exactly what we did and I wouldn’t have it any other way. It’s changed my life but it’s the best thing ever.